



Leicester
City Council

MEETING OF THE HEALTH AND WELLBEING SCRUTINY COMMISSION

DATE: WEDNESDAY, 7 SEPTEMBER 2016
TIME: 5:30 pm
**PLACE: Meeting Room G.01, Ground Floor, City Hall, 115 Charles Street,
Leicester, LE1 1FZ**

Members of the Commission

Councillor Dempster (Chair)
Councillor Fonseca (Vice-Chair)

Councillors Cassidy, Chaplin, Cleaver, Sangster and Unsworth

1 unallocated Non-Group place.

Members of the Commission are invited to attend the above meeting to consider the items of business listed overleaf.

Standing Invitee (Non-voting)

Representative of Healthwatch Leicester

For Monitoring Officer

Officer contacts:

Graham Carey (Democratic Support Officer):

Tel: 0116 454 6356, e-mail: Graham.Carey@leicester.gov.uk

Kalvaran Sandhu (Scrutiny Policy Officer):

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Leicester City Council, City Hall, 115 Charles Street, Leicester, LE1 1FZ

Information for members of the public

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- ✓ to ensure that the sound on any device is fully muted and intrusive lighting avoided;
- ✓ where filming, to only focus on those people actively participating in the meeting;
- ✓ where filming, to (via the Chair of the meeting) ensure that those present are aware that they may be filmed and respect any requests to not be filmed.

Further information

If you have any queries about any of the above or the business to be discussed, please contact Graham Carey, **Democratic Support on (0116) 454 6356** or email graham.carey@leicester.gov.uk or call in at City Hall, 115 Charles Street, Leicester, LE1 1FZ.

For Press Enquiries - please phone the **Communications Unit on 454 4151**

PUBLIC SESSION

AGENDA

FIRE / EMERGENCY EVACUATION

If the emergency alarm sounds, you must evacuate the building immediately by the nearest available fire exit and proceed to the area outside the Ramada Encore Hotel on Charles Street as directed by Democratic Services staff. Further instructions will then be given.

1. APOLOGIES FOR ABSENCE

2. DECLARATIONS OF INTEREST

Members are asked to declare any interests they may have in the business on the agenda.

3. MINUTES OF PREVIOUS MEETING

The minutes of the meeting held on 30 June 2016 have been circulated and the Commission will be asked to confirm them as a correct record.

The minutes can be found on the Council's website at the following link:-

<http://www.cabinet.leicester.gov.uk:8071/ieListMeetings.aspx?CId=737&Year=0>

4. CHAIR'S UPDATE ON ACTIONS FROM PREVIOUS MEETINGS

The Chair to update Members on actions from previous meetings.

5. PETITIONS

The Monitoring Officer to report on the receipt of any petitions submitted in accordance with the Council's procedures.

6. QUESTIONS, REPRESENTATIONS, STATEMENTS OF CASE

The Monitoring Officer to report on the receipt of any questions, representations and statements of case submitted in accordance with the Council's procedures.

7. MEDICINES AND SELF CARE

Further to the discussion at the last meeting, the Leicester City Clinical Commissioning Group to provide an update on the outcomes of the consultation which ended on 31 July 2016. The responses from patients and the public are still being collated and analysed as there were several hundred responses, many of which were extremely detailed. A verbal update will be given at the meeting.

8. ORAL HEALTH BRIEFING

**Appendix A
(Page 1)**

To receive a briefing paper on the work of the Oral Health Promotion Partnership Board (OHPPB), established by the Council in September 2013, to facilitate and coordinate responsibilities and activities for improving oral health.

9. HEALTH MESSAGING SCOPING DOCUMENT

**Appendix B
(Page 3)**

To receive the updated Scoping Document for this review which was approved last year but delayed by the Commission's Review on the Primary Care Workforce Review. Members are asked to endorse the decision to conduct this review on the revised timescales.

10. WORK PROGRAMME

**Appendix C
(Page 9)**

The Scrutiny Policy Officer submits a document that outlines the Health and Wellbeing Scrutiny Commission's Work Programme for 2014/15. The Commission is asked to consider the Programme and make comments and/or amendments as it considers necessary.

11. ANY OTHER URGENT BUSINESS



Chair Health & Wellbeing Scrutiny Commission Briefing

Date : 3rd August 2016

Title of Report: Oral Health in Leicester

Introduction

In September 2013 Leicester City Council established the Oral Health Promotion Partnership Board (OHPPB) to facilitate and coordinate responsibilities and activities for improving oral health. Three months after being established, the Board agreed and endorsed the first Oral Health Promotion Strategy (OHPS) for preschool children (2014-2017).

The ambition of the board is to see a 10% increase in the number of 5 year olds decay free by 2019. Dental health survey results for five year olds released by Public Health England in May 2016 already show a significant 8% improvement.

Soon after it was established the board embarked on the establishment of Leicester's early intervention Healthy Teeth, Happy Smiles! (HTHS!) programme. A range of leaflets aimed at adults & children have been developed & distributed and are also available to download.

The Council has also been successful in its application for the Royal Society of Public Health (RSPH) Health & Wellbeing Awards 2015. The award is for 2 years and is for our planned and comprehensive programme of oral health improvement for children.

We also recently welcomed the Chief Dental Officer (CDO) for England, Sara Hurley to Leicester. Sara met with key strategic leads to better understand the work we are doing to improve oral health in the City and is currently looking into how the Leicester model can be fed into a national programme.

Leicester's first Oral Health Promotion Service was established in February 2015 this extension to the skills mix has been key in delivering operational aspects of the OHPS. To date 346 people have attended oral health training & 631 members of staff in pre-school settings have been trained to deliver Supervised Toothbrushing. The service has been at 65 venues & spoke to 5300 people about oral health during national campaigns like National Smile Month, World Oral Health Day & Mouth Cancer Action Month.

Children

Initiatives to improve the oral health of children include:

Supervised Toothbrushing Programmes : All pre-school settings in the City have been given the opportunity to take part in a supervised tooth brushing programme. At July 2016 20% (N=15) of Primary Schools & 45% (n=62) of nurseries in the city are taking part & 5300 children are benefitting.

Infomercials : Our range of Health Teeth, Happy Smiles! audio & animated infomercials are currently being featured on GEM, Sabras & Hospital Radio Fox & cinemas across the city.

Oral Health Resource Packs : Universal offer of free toothbrushes and toothpastes to all children in the city at 5 separate points in their lives by age 5. These packs are being given out by Health Visitors and schools. Over a 12 month period, it is expected that 30,000 children will benefit from a free pack. Targeted packs are also being distributed by the Family Nurse Partnership & Travelling Families Team.

Dental Practice Accreditation Scheme (Pilot) : Ten practices are currently working towards Healthy Teeth, Happy Smiles accreditation demonstrating their commitment to improving oral health by supporting and promoting dental prevention. A similar scheme is being developed for nurseries.

Healthy Child Programme : The local Personal Child Health Record (Red Book) has been amended to include HTHS! pages. These are distributed to all new parents across Leicester. Oral health pathways have been agreed with Health Visitors, School Nurses and the Family Nurse Partnership.

Bottle Swap: All Children, Young People & Families Centres (CYP&FC) offer a bottle swap with parents encouraged to swap a bottle for a free flow cup. Over the last 24 months 4500 cups have been given to CYP&FC for this purpose along with posters & leaflets promoting the initiative.

Adults

Oral health advice specifically aimed at adults has been developed & distributed. A booklet advising on Oral Health in Pregnancy is currently available in all maternity reception across UHL. Leaflets on tobacco & oral cancer were given out during Stoptober & Mouth Cancer Action Month. A general leaflet on adult oral health will be available in front line settings from September 2016.

During Mouth Cancer Action Month the Oral Health Promotion Service held a number of roadshows across the city raising awareness of mouth cancer and teaching members of the public how to self-check, these were delivered in partnership with NHS Health Education working across the East Midlands

A survey involving 1,100 residents was commissioned and undertaken to gather their views on their experience of and access to NHS dental services in Leicester; as well as their perception of their oral health. The survey is similar to the Adult Dental Health Survey which is done nationally (without the clinical component), respondents completed the survey themselves or are given help. The report identified that those with poor dental hygiene are significantly more likely to be male and from Asian ethnic backgrounds. Respondents appear to have a low level of self-reported dental health and approximately a quarter clean their teeth once a day or less frequently. These findings are being used to help address issues & barriers facing residents of Leicester. Recently commissioned social marketing research (which will be used to develop a social marketing strategy) focuses on wards with a high Asian population and samples fathers of pre-school children. Results of this exercise are due August 2016.

Key Messages

All HTHS! leaflets & booklets include details of how to find a dentist, what to do in an emergency & how to contact Healthwatch. Details are also included for the Brush DJ App (plays two minutes of music for brushing) & Change4Life Sugar Smart App (shows the numbers of cubes of sugar in your food and drink).

Other key messages include:

- NHS dental care is free up to the age of 18, whilst you are pregnant & for one year after birth.
- Brushing for two minutes twice a day and spit don't rinse after brushing
- Take your child to the dentist as soon as their first tooth appear. Thereafter visit regularly not just when in pain.
- Introduce drinking from a free flow cup from six months & stop bottle feeding by one year.
- Eat healthy foods & cut down on sugary snacks & drinks.
- Ask your dentist to brush on fluoride varnish for added protection against tooth decay this is available free on the NHS for children aged three & above
- Stop smoking
- Encouraging nurseries & primary schools in the city to take part in our Supervised Toothbrushing Programme.

Leicester City Council Scrutiny Review

‘Development of Local Health Messages’
Scoping document for completion by Members

September 2016

Background to scrutiny reviews

Determining the right topics for scrutiny reviews is the first step in making sure scrutiny provides benefits to the Council and the community.

This scoping template will assist in planning the review by defining the purpose, methodology and resources needed. It should be completed by the Member proposing the review, in liaison with the lead Director and the Scrutiny Manager. Scrutiny Officers can provide support and assistance with this.

In order to be effective, every scrutiny review must be properly project managed to ensure it achieves its aims and delivers measurable outcomes. To achieve this, it is essential that the scope of the review is well defined at the outset. This way the review is less likely to get side-tracked or become overambitious in what it hopes to tackle. The Commission's objectives should, therefore, be as SMART (Specific, Measurable, Achievable, Realistic & Time-bound) as possible.

The scoping document is also a good tool for communicating what the review is about, who is involved and how it will be undertaken to all partners and interested stakeholders.

The form also includes a section on public and media interest in the review which should be completed in conjunction with the Council's Communications Team. This will allow the Commission to be properly prepared for any media interest and to plan the release of any press statements.

Scrutiny reviews will be supported by a Scrutiny Officer.

Evaluation

Reviewing changes that have been made as a result of a scrutiny review is the most common way of assessing the effectiveness. Any scrutiny review should consider whether an on-going monitoring role for the Commission is appropriate in relation to the topic under review.

For further information please contact the Scrutiny Team on 0116 4546340

To be completed by the Member proposing the review		
1.	Title of the proposed scrutiny review	Development of Local Health Messages
2.	Proposed by	Councillor Lucy Chaplin
3.	Rationale Why do you want to undertake this review?	<p>The commission had an initial report from the Public Health Department on this, which recognised the need to explore this in greater detail.</p> <p>With a greater national focus on preventative measures to relieve the pressure on the health system, health messaging is an important means to get people to be more active about thinking about their health, and therefore it is important to ensure we are getting this right at a local level.</p>
4.	Purpose and aims of the review What question(s) do you want to answer and what do you want to achieve? (Outcomes?)	<p>The commission aims to establish if we have an adequate method of communicating health messages to those that we need to target.</p> <p>It is hoped the following outcomes will be established:</p> <ul style="list-style-type: none"> • An understanding of the modes of communication that currently exist and what they say. • An understanding of how they are funded. • Identifying who we need to target and how. • Consideration of good practice with a view to improve. • Make recommendations to help a plan that can be adopted locally. • How successful they are.
5.	Links with corporate aims / priorities How does the review link to corporate aims and priorities? http://citymayor.leicester.gov.uk/delivery-plan-2014-15/	<p>The City Mayor's Delivery Plan has a section specifically to promote 'A Healthy and Active City'.</p> <p>The aims within this include reducing health inequality and promoting good public health which will be linked to the outcomes of this review.</p>
6.	Scope Set out what is included in the scope of the review and what is not. For example which services it does and does not cover.	<p>Public Health Services, this list is not exhaustive:</p> <ul style="list-style-type: none"> • Dental Services • Health Checks • Drugs and Alcohol • Teenage Pregnancy • Sexual Health • Pharmacy Services – when they can help • Obesity

Develop a draft Project Plan to incorporate sections seven to twelve of this form

<p>7.</p>	<p>Methodology Describe the methods you will use to undertake the review.</p> <p>How will you undertake the review, what evidence will need to be gathered from members, officers and key stakeholders, including partners and external organisations and experts?</p>	<p>The commission would like to identify the following:</p> <ul style="list-style-type: none"> • Who do we need to reach locally? • What do we want the messages to say? • Where and when do we want to say it? • How do we want to say it? • How do we measure the effectiveness of the messages? • Is there any good practice that we can learn from?
	<p>Witnesses Set out who you want to gather evidence from and how you will plan to do this</p>	<p>Potential witnesses may include:</p> <ul style="list-style-type: none"> • Assistant City Mayor Public Health • Relevant Council Officers • Relevant Health Partners (CCG, etc) • Officers from other areas in the Country (Best practice) • Available research on health messages.
<p>8.</p>	<p>Timescales How long is the review expected to take to complete?</p>	<p>September Scoping document to be agreed. October 2016 – February 2017</p> <ul style="list-style-type: none"> • Explore best practice and consider making visits. • Consider latest research papers • Task Group meetings. • Draft findings and conclusions to be established. <p>March The final review report to be agreed.</p>
	<p>Proposed start date</p>	<p>October 2016</p>
	<p>Proposed completion date</p>	<p>March 2017</p>
<p>9.</p>	<p>Resources / staffing requirements Scrutiny reviews are facilitated by Scrutiny Officers and it is important to estimate the amount of their time, in weeks, that will be required in order to manage the review Project Plan effectively.</p>	<p>It is expected the Scrutiny Officer will support the whole review process by capturing information at the meetings, facilitating the people to give evidence and writing the initial draft of the review report based on the findings from the review.</p>

	Do you anticipate any further resources will be required e.g. site visits or independent technical advice? If so, please provide details.	There may be site visits to areas that are identified as best practice.
10.	Review recommendations and findings To whom will the recommendations be addressed? E.g. Executive / External Partner?	It is likely the review will offer recommendations to the Council's Executive and may include some recommendations to Health Partner's such as the CCG.
11.	Likely publicity arising from the review - Is this topic likely to be of high interest to the media? Please explain.	It is hoped that this review will raise media interest.
12.	Publicising the review and its findings and recommendations How will these be published / advertised?	There will be a review report which will be published as part of the commission's papers.
13.	How will this review add value to policy development or service improvement?	It is hoped the outcomes of the review will determine an adequate plan for communicating health messaging in the city. This can then be considered as part of the executives proposals for future service development in Public Health.
To be completed by the Executive Lead		
14.	Executive Lead's Comments The Executive Lead is responsible for the portfolio so it is important to seek and understand their views and ensure they are engaged in the process so that Scrutiny's recommendations can be taken on board where appropriate.	We need to use campaigns to get health messages out to local people: this review will provide us with useful intelligence to do this and we therefore welcome it.
To be completed by the Divisional Lead Director		

15.	Divisional Comments Scrutiny's role is to influence others to take action and it is important that Scrutiny Commissions seek and understand the views of the Divisional Director.	Effective use of health messaging is a key way we can support people to make changes to their health and lifestyles. This means making best use of available technology including social media. We have been developing new approaches to conveying health messages we hope that this review will further support this by helping to identify best practice and draw in evidence which will allow local media campaigns to be used to maximum effect.
16.	Are there any potential risks to undertaking this scrutiny review? E.g. are there any similar reviews being undertaken, on-going work or changes in policy which would supersede the need for this review?	No
17.	Are you able to assist with the proposed review? If not please explain why. In terms of agreement / supporting documentation / resource availability?	Yes, via the communications lead for public health.
	Name	<u>Ruth Tennant</u>
	Role	<u>Director of Public Health</u>
	Date	<u>9th September 2015</u>
To be completed by the Scrutiny Support Manager		
18.	Will the proposed scrutiny review / timescales negatively impact on other work within the Scrutiny Team? (Conflicts with other work commitments)	With the review taking place over a number of months it will allow sufficient time to gather information in relation to this review without impacting on other areas of work.
	Do you have available staffing resources to facilitate this scrutiny review? If not, please provide details.	The review can be adequately support by the Scrutiny Team.
	Name	Kalvaran Sandhu, Scrutiny Support Manager
	Date	25 th August 2016

Health and Wellbeing Scrutiny Commission

Work Programme 2016 – 2017

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Meeting Date	Topic	Actions arising	Progress
25 th May 2016	<ul style="list-style-type: none"> 1) Health profile: Overview of the city 2) Better Care Together: overview presentation 3) CAMHS 4) Anchor Recovery Hub Update 	<ul style="list-style-type: none"> 1) Health and Wellbeing Survey 2015 to be circulated to new members of the commission. 2) Chair to discuss issues of the delay relating to BCT with the Deputy City Mayor. 3) Information on a permanent site for CAMHS and on the relationship of the service with other agencies and the proposed direction of travel to be provided. 	1) Completed
30 th June 2016	<ul style="list-style-type: none"> 1) CQC inspection of University Hospitals of Leicester NHS Trust 2) Sustainability and Transformation Plans 3) Medicines and Self Care 4) Anchor Recovery Hub Update 5) LPT Scrutiny Review Report – Final Draft 6) CAMHS – Scoping document 	<ul style="list-style-type: none"> 1) Further information requested. 2) Report back at the next meeting to clarify the position re STPs and BCT including info on the costs of plans, what's being done and when, what's already happened, what do they actually mean in practice and is there any twin-tracking happening. 3) Report back at the next meeting. 4) Deputy CM to update commission members. 	
7 th September 2016	<ul style="list-style-type: none"> 1) Medicines and Self Care – verbal update 2) Anchor Recovery Hub – Update by chair 3) Oral Health briefing 4) Health Messaging Scrutiny Review 		
9 th November 2016	<ul style="list-style-type: none"> 1) Public Health Performance Update 2) 0-19 services Commissioning (Childhood obesity, oral health, school nurses, health visitors, etc). 3) Better Care Together - update 4) CQC Review of Health Services for LAC and Safeguarding 5) Integrated Lifestyle Services review 		
4 th January 2017	<ul style="list-style-type: none"> 1) CQC inspection of LPT Mental Health Services (watching brief) 		

Appendix C

8 th January 2017			
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Forward Plan Items

Topic	Detail	Proposed Date
Better Care Together	Pre-consultation business case to scrutiny	Autumn 2016
CCG commissioning plans		
Commissioning of a diabetes structured patient education programme	To be programmed (mins of 21.04.16 refer)	
Dementia, Dental Care, Diabetes, GPs, Obesity, Smoking, COPD and Substance Misuse	Progress to individual strategies/services	
EMAS CQC report	Review the report and actions taken by EMAS	Meeting in Nottingham – July 2016
Health and Wellbeing of staff	Monitoring of sick days and support services	
Integrating LLR Points of Access		
Maternity Care Services	Update	
Mental Health and Sexual Health of the LGBT Community	Continue to understand and monitor the issues that impact on LGBT community	
Mental health system / Crisis Concordat	How it works locally and what we get out of it – what is the PH investment?	
NHS 111 - update report	To be programmed (mins of 21.04.16 refer)	
Non-Emergency Patient Transport Service	To be programmed (mins of 21.04.16 refer)	
Outdoor Gyms	Possible / proposed new ones and info wanted on how training to use them is provided	
Patient experience of the system	Work with Healthwatch to gain an understanding of how patients feel about health services	
Public Mental Health budget line	To be programmed: arising from budget briefing 25.05.16	
Services at St Peters Health Centre		

CQC inspection of Mental Health services provided by Leicestershire Partnership NHS Trust	Inspection takes place in week starting 14 th November 2016. Report in mid 2017?	